



# JASON CLARKE

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## CORRECTIONAL MASSAGE THERAPIST | CERTIFIED FMS™ SCREENING PRACTITIONER

- DEEP TISSUE MANIPULATION – Deep Muscle Relief
- SPORTS MASSAGE – Tailored To Your Needs
- TRIGGER POINT THERAPY – Reduces Tension & Stiffness
- MYOFASCIAL RELEASE – Stretching and Soothing
- PREGNANCY MASSAGE – Nurturing and Effective

	MORNING/AFTERNOON/EVENING
<b>MONDAY</b>	11:00pm - 8:00pm
<b>TUESDAY</b>	11:00pm - 8:00pm
<b>WEDNESDAY</b>	11:00pm - 8:00pm
<b>THURSDAY</b>	11:00pm - 8:00pm
<b>FRIDAY</b>	11:00pm - 8:00pm
<b>SATURDAY</b>	2:00pm - 8:00pm <i>*Ring mobile for appointment</i>
<b>SUNDAY</b>	Closed

### PACKAGE DEALS

All packages available in  
3, 6, 9 or 12 massages



BUY MORE & SAVE!

Enquire for prices and more  
information

NEW!



The Functional Movement Screen (FMS) is a screening tool used to evaluate seven fundamental movement patterns in individuals with no current pain complaint or musculoskeletal injury. Enquire for movement screen, programme and massage package deals.

### PREVIOUS CLIENTS INCLUDE:

NZ Elite Triathletes, Winter Olympians Multi-Sports Athletes, the All Blacks, the Waratahs, the Warriors, the Flying Fijian 15s Rugby Team, the Olympic Gold winning Fiji 7s Team and many valued locals.

